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PICCAH to begin recruiting at GFA

Mangilao, GU: Pacific Islanders experience some of the highest death rates in the world resulting from chronic diseases, yet they are excluded from national health surveys. The absence of longitudinal health information makes it difficult to truly understand the disparities they face and restricts the ability to address their long-term health needs. In response, the Pacific Islands Cohort on Cardiometabolic Health (PICCAH) Study was recently funded by the National Institute on Minority Health and Health Disparities to establish the baseline of a generational epidemiology cohort, with a focus on collecting information on heart disease and diabetes risk factors.

On March 10, 2018, the PICCAH Team will be at the Guam Football Association (GFA) compound to recruit eligible children and parents interested in enrolling in the study. For those ready to participate on site, the team will be available to administer health surveys and conduct anthropometric measurements (e.g. height, weight, and waist circumference) from 9:00 AM to 2:00 PM. Interested participants may schedule an appointment in advance to avoid wait time.

To be eligible:

1. The child must be born between **January 01, 2010** and **December 31, 2014**;
2. The child must be born in Guam; and
3. The parent must be 18 to 50 years old.

Children and parents enrolled in the study will be compensated for their time, and may opt to remain in the study long-term. To learn more about the study or how to be involved, please contact our team at 686-3426/3497, email us at piccah@triton.uog.edu, or visit us at www.uog.edu/piccah/.

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